

# J.P. Gifford

MARKET & CATERING COMPANY



## BREAKFAST SERVED TILL NOON

**Egg & Cheese 3.99**

**Bacon, Egg & Cheese 4.99**

**Sausage, Egg & Cheese 4.99**

**Chicken Apple Sausage,  
Egg & Cheese 4.99**

**Spicy Breakfast Sausage,  
Egg & Cheese 4.99**

**Steel Cut Oatmeal with Brown  
Sugar, Berries & Granola 5.99**

**On a Bagel, English Muffin  
or Croissant add 1.25**

## SIGNATURE ALL DAY BREAKFAST

**Low Fat Yogurt Parfait 5.99**

Fresh Berries, Granola, Honey & Fage Yogurt

**Catsmo Smokehouse Smoked Salmon On A Bagel 8.95**

with Caper Cream Cheese, Avocado, Sliced Tomato, Sprouts

**Avocado Toast 7.99**

Toasted Multi-grain, Avocado Mash, Chopped Tomato & Italian Parsley

**Breakfast Fried Rice & Quinoa Wrap 9.95**

Fried Rice & Quinoa with Scrambled Eggs in a Whole Wheat Wrap with Peppers, Scallions, Napa Cabbage, Avocado & Shoyu Sauce

**Breakfast Burrito 9.95**

Spicy Mountain Smokehouse Sausage, Two Fried Eggs, Peppers, Tomatoes, Onions, Cilantro, Cheddar Cheese, Avocado and Sour Cream in a warm tortilla

**Crab Cake Sandwich 12.95**

Fried Egg, Lemon Basil Mayo, Baby Greens, Sliced Tomato on a Hard Roll

**All-American Wrap 8.99**

Scrambled Eggs, Bacon, Hash Browns and American Cheese in a Plain Wrap

**Gluten Free (GF) Wraps Available add 1.00**

**On a Bagel, English Muffin or Croissant add 1.25**

## = SANDWICHES =

**Cajun Chicken Sandwich 8.99**

Blackened Chicken Breast with Melted Cheddar Cheese, Tomato, Avocado & Chipotle Mayo on a Baguette

**Italian Combination On A Hard Roll 9.99**

Capicola, Salami, Pepperoni, Provolone, Red Onion, Lettuce, Tomato and Italian Vinaigrette

**Chicken Cutlet Apple Melt 10.99**

Chicken Cutlet, Shaved Apples, Melted Cheddar, Baby Greens, Honey Mustard on a Brioche Roll

**Roasted Turkey BLT 9.99**

Orange Chipotle Mayonnaise, Avocado & Baby Greens on a Hard Roll

**Store Made Roast Beef 8.99**

Horseradish Cream Sauce, Shaved Red Onion, Arugula on a Hard Roll

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness.*

## VEGETARIAN SANDWICHES

**Black Sheep Sandwich 8.99**

Fresh Mozzarella, Sun Dried Tomatoes, Basil Walnut Pesto, Balsamic Syrup on a Demi Baguette | **with Prosciutto 10.99**

**White Cheddar & Granny Smith  
Apple Melt 8.99**

Sprouts, Greens, Sunflower Seeds & Honey Mustard Sauce on Multigrain Bread

**Hummus Veggie Burger Wrap 8.99**

Black Bean & Grain Veggie Burger, Lemon Humus, Baba Ganouche, Taziki Sauce and Arugula in a Wrap

**Salad Sandwich 9.99**

Seeded Bastone with Melted Dill Havarti stuffed with Greens, Carrots, Peppers, Avocado, Sprouts, Cucumbers & Tomatoes dressed with Herb Vinaigrette

# SMASH BURGERS 9.99

## CALIFORNIA

Avocado, Cucumber, Arugula, Melted Cheddar and Ranch Dressing on a Brioche Roll

## OLD BLUE

Gorgonzola Cheese, Crisp Fried Onions, Sliced Tomato, and Baby Greens on a Hard Roll

## SUNNY SIDE

Over Easy Egg, American Cheese, & Crisp Bacon on a Hard Roll

## BBQ

House Made BBQ Sauce, Caramelized Onions, Melted Cheddar and Arugula on a Hard Roll

## Impossible Burger, A Vegan Meat Substitute

Make it possible **Add 1.50**



## SIDES

**Store Made French Fries 2.99**

**Pommes Frites 4.99**

tossed with sea salt, white truffle oil and gorgonzola cream sauce

**Fried Pickle Chips 4.99**

with Chipotle Aioli



## HOT NOODLE & GRAIN BOWLS

### Vegetable Pad Thai 11.99

Fried Tofu, Edamame Beans, Peppers, Carrots, Peanuts & Scallion sautéed with Rice Noodles in Sweet & Sour Sauce with Chicken 13.99 | **Gluten Free (GF)**

### Lentil & Kale Bowl 9.99

Brown Lentils, Quinoa, Green Kale, Tomatoes & Cilantro in Indian Spiced Tamarind Rassam Broth | **GF | Vegan**

### Ramen Noodle Bowl 12.99

Grilled Coconut Chicken, Ginger Sesame Miso Broth, Steamed Vegetables, Shitake Mushrooms, Green Onion

### Kimchi Bowl 9.99

Spicy Korean Kimchi, Tofu & Brown Rice in Spiced Broth | **GF | Vegan**

### Vegan Grain & Rice Bowl 11.99

Vegan Ginger Sesame Miso Broth, Steamed Vegetables, Shitake Mushrooms, Green Onion, Organic Red Quinoa and Brown Rice | **GF | Vegan**

Add Hard Boiled Egg 1.00

## COLD BOWLS & SALADS

### Mediterranean Bowl 12.99

Farrow Tabouleh over Arugula with Feta, Rice Stuffed Grape Leaves, Baba Ganoush, Lemon Scented Hummus, Olives and Taziki | **GF**

### Soba Noodle Bowl 10.99

Soba Noodles with Spicy Peanut Dressing, Peppers, Edamame, Carrots, Scallions, Mandarine Oranges, Toasted Sesame Seeds, Wonton Chips, Chopped Peanuts

### Simple Caesar 8.99

Romaine, Parmesan, Croutons, Dry Cure Black Olives and Caesar Dressing

### Super Kale Salad 10.99

Kale, Spinach, Shredded Brussel Sprouts, Carrots, Broccoli Greens and Red Cabbage with Green Apple, Pears, Sunflower Seeds, Bacon, Dried Cranberries and Roasted Walnuts with Sweet & Tart Creamy Dressing | **GF**

### Just Greens 4.99

Baby Greens with your choice of Balsamic, Caesar, Ranch or Red Wine Vinaigrette | **GF**

Add Grilled Lemon Herb Chicken 3.99

Add Grilled Thai Coconut Curry Chicken 3.99

Add Fresh or Fried Tofu 2.99

Add Hard Boiled Egg 1.00



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