

J.P. Gifford

MARKET & CATERING COMPANY



BREAKFAST SERVED TILL NOON

Egg & Cheese 3.99

Bacon, Egg & Cheese 4.99

Sausage, Egg & Cheese 4.99

Ham, Egg & Cheese 4.99

**Spicy Breakfast Sausage,
Egg & Cheese 4.99**

Provolone, Egg & Tomato 4.99

**Steel Cut Oatmeal with Brown
Sugar, Berries & Granola 5.99**

**On a Bagel, English Muffin
or Croissant add 1.25**

SIGNATURE ALL DAY BREAKFAST

Açaí G Bowl 7.99

House Blended Low Fat Açaí Yogurt topped with Banana, Berries, Granola, Toasted Almonds and Chia Seeds | **Add a scoop of peanut butter 1.00**

Catsmo Smokehouse Smoked Salmon On A Bagel 8.95

with Caper Cream Cheese, Avocado, Sliced Tomato, Sprouts

Avocado Toast 7.99

Toasted Multi-grain, Avocado Mash, Chopped Tomato & Italian Parsley

Steak & Egg 8.99

Two Fried Eggs, Warm Thin Sliced Roast Beef, Harissa Aioli, Arugula and Melted Cheddar on a Toasted Baguette

Breakfast Burrito 9.95

Spicy Mountain Smokehouse Sausage, Two Fried Eggs, Peppers, Tomatoes, Onions, Cilantro, Cheddar Cheese, Avocado and Sour Cream in a warm tortilla

Crab Cake Sandwich 12.95

Fried Egg, Lemon Basil Mayo, Baby Greens, Sliced Tomato on a Hard Roll

All-American Wrap 8.99

Scrambled Eggs, Bacon, Hash Browns and American Cheese in a Plain Wrap

Gluten Free (GF) Wraps Available add 1.00

On a Bagel, English Muffin or Croissant add 1.25

= SANDWICHES =

Cajun Chicken Sandwich 9.99

Blackened Chicken Breast with Melted Cheddar Cheese, Arugula, Tomato, Avocado & Chipotle Mayo on a Baguette

Italian Combination On A Hard Roll 9.99

Capicola, Salami, Pepperoni, Provolone, Red Onion, Lettuce, Tomato and Italian Vinaigrette

Chicken Cutlet Apple Melt 10.99

Chicken Cutlet, Shaved Apples, Melted Cheddar, Baby Greens, Honey Mustard on a Brioche Roll

Roasted Turkey BLT 9.99

Orange Chipotle Mayonnaise, Avocado & Baby Greens on a Hard Roll

Store Made Roast Beef 8.99

Horseradish Cream Sauce, Shaved Red Onion, Arugula on a Hard Roll

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs
reduces the risk of food borne illness.*

VEGETARIAN SANDWICHES

Black Sheep Sandwich 8.99

Fresh Mozzarella, Sun Dried Tomatoes, Basil Walnut Pesto, Balsamic Syrup on a Demi Baguette | **with Prosciutto 10.99**

**White Cheddar & Granny Smith
Apple Melt 8.99**

Sprouts, Greens, Sunflower Seeds & Honey Mustard Sauce on Multigrain Bread

Hummus Veggie Burger Wrap 8.99

Black Bean & Grain Veggie Burger, Lemon Hummus, Carrots, Cucumbers, Tzatziki Sauce and Arugula in a Whole Grain Wrap

Chopped Salad Wrap 8.99

Whole Grain Wrap filled with Avocado, Sprouts, Greens, Carrots, Peppers, Tomatoes and Sweet Lemon Vinaigrette

SMASH BURGERS 9.99

CALIFORNIA

Avocado, Cucumber, Arugula, Melted Cheddar and Ranch Dressing on a Brioche Roll

OLD BLUE

Gorgonzola Cheese, Crisp Fried Onions, Sliced Tomato, and Baby Greens on a Hard Roll

SUNNY SIDE

Over Easy Egg, American Cheese, & Crisp Bacon on a Hard Roll

BBQ

House Made BBQ Sauce, Caramelized Onions, Melted Cheddar and Arugula on a Hard Roll

Impossible Burger, A Vegan Meat Substitute

Make it possible **Add 1.50**



FRIES

Store Made French Fries 2.99

Pommes Frites 4.99

tossed with sea salt, white truffle oil and gorgonzola cream sauce

Middle Eastern Fries 4.99

Crisp Fries Tossed with Zatar served with a side of Harissa Aioli



= SALADS =

Simple Caesar 7.99

Romaine, Parmesan, Croutons, and Caesar Dressing

Greek Salad 10.99

Feta Cheese, Olives, Stuffed Grape Leaves, Roasted Tomatoes & Peppers, Red Onions, Romaine and Herb Vinaigrette

Super Kale Salad 10.99

Kale, Arugula, Carrots, Cabbage, Green Apple, Sunflower Seeds, Bacon, Dried Cranberries and Roasted Walnuts with Sweet & Tart Creamy Dressing | GF

Just Greens 4.99

Baby Greens with your choice of Balsamic, Caesar, Ranch or Red Wine Vinaigrette | GF

Add Grilled Chicken 3.99

Gluten Free = GF

HOT NOODLE & GRAIN BOWLS

Vegetable Pad Thai 11.99

Fried Tofu, Edamame Beans, Peppers, Carrots, Peanuts & Scallion sautéed with Rice Noodles in Sweet & Sour Sauce | GF

Chicken Pad Thai 13.99

Sautéed Chicken, Fried Tofu, Edamame Beans, Peppers, Carrots, Peanuts & Scallion sautéed with Rice Noodles in Sweet & Sour Sauce | GF

Lentil & Kale Bowl 9.99

Green Kale, Tomatoes, Cilantro, Organic Red Quinoa, Brown Rice & Lentils in Indian Spiced Tamarind Rassam Broth | GF | Vegan

Ramen Noodle Bowl 12.99

Grilled Chicken, Ginger Sesame Miso Broth, Steamed Vegetables, Shitake Mushrooms, Green Onion & Ramen Noodles

Vegan Grain & Rice Bowl 11.99

Vegan Ginger Sesame Miso Broth, Steamed Vegetables, Shitake Mushrooms, Green Onion, Organic Red Quinoa, Brown Rice & Lentils | GF | Vegan

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